

Ocean Triathlon

By Ian Emberson

The First Outrigger Ocean Triathlon was held at Sans Souci Beach on Sunday, February 19, and was enjoyed by all competitors. Ocean sports are becoming more popular in Hawaii, especially the fast-growing sport of kayaking, or as it is known in Australia, waxeskiing. We had a good turnout, considering this was the first year, with 11 individual entries and 17 teams. Conditions were beautiful—calm waters, slight trades and warm, sunny weather. Unfortunately for the partici-

pants, there was no assistance from the waves as surf conditions were flat.

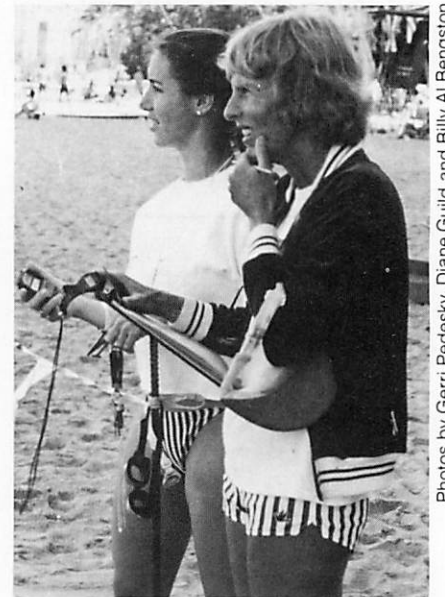
The Ironman division (individual entries) was won by Jimmy Dean in a time of 1:26:22, second was Ian Emberson, 1:26:56, and third was Mark Sandvold, 1:30:42. This division consisted of three events performed consecutively—swimming 1 mile, paddleboarding 2 miles and kayaking 4 miles, with some running in between. In the relay division, each member of a team performed only one of the three events.

Thanks go to Wayne Faulkner, Cline Mann and Alan Hong, who set the buoys and did the surveying for the course layout.

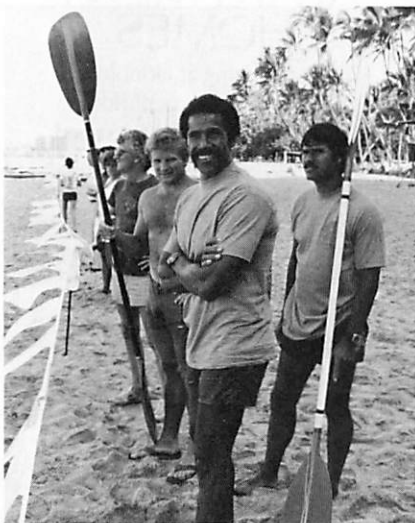
Special thanks to Hawaii Kayak Association, who provided kayaks; Dale Hope of Sun Fashions for prizes; Downing Hawaii for surfboards; Coors for a keg of beer. We would also like to thank Eddie Frank and Wayne Faulkner for their assistance, as well as all the other volunteers.



Swimmers dash down the beach for the start of their first leg.



Time Keeper Diane Stowell checks the course.

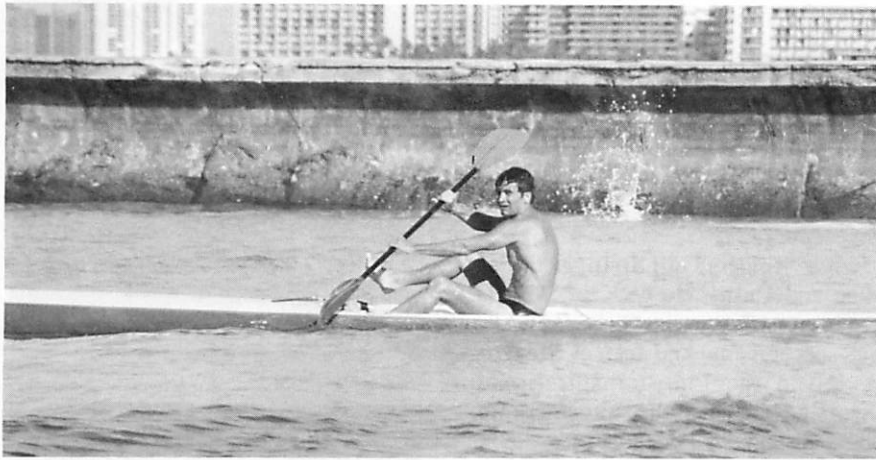


Gib Bintliff, Marshall Rosa and Bill Mowat await their heat.



Jimmy Dean runs his kayak into the water on the third leg of his heat.

Photos by Gerri Pedesky, Diane Guild and Billy Al Bengston



Ian Emberson gets off to a powerful start in his kayak.

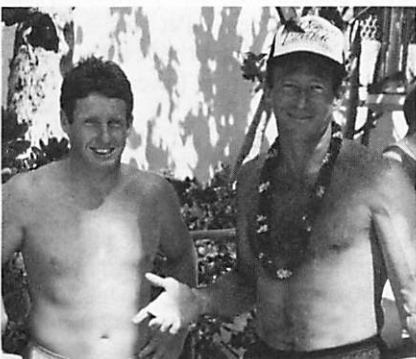
Back at the club for lunch and awards.



Team members Lesline Connor, Tracy Phillips and Mary Franko.



Meet Director and participant Ian Emberson congratulates Norm Dum mire.



First Place winner Jimmy Dean is congratulated by Tim Guard.

1984 HAWAIIAN OCEAN CHAMPIONSHIP TRIATHLON

Results, Individuals (split times in parentheses):

NAME	SWIM 1 MILE	PADDLE 2 MILES	KAYAK 4 MILES	OVERALL TIME
		<i>Men, Under 40</i>		
1) Jimmy Dean*	(22:52)	(24:26)	(39:04)	1:26:22
2) Ian Emberson*	(22:51)	(25:06)	(38:59)	1:26:56
3) Mark Sandvold*	(28:13)	(25:41)	(36:48)	1:30:42
4) Rick Heltzel	(22:05)	(26:31)	(49:49)	1:38:25
5) Beau Hodge	(32:23)	(30:49)	(48:59)	1:52:11
		<i>Women, Under 40</i>		
1) Cheryl Bing	(34:30)	(35:15)	(48:59)	1:58:42
		<i>Men, 40 & Over</i>		
1) Tim Guard*	(30:21)	(25:45)	(36:20)	1:32:26
2) Gaylord Wilcox*	(30:47)	(28:11)	(38:03)	1:37:01
3) Scott Hubbell	(24:33)	(29:19)	(45:43)	1:39:35
4) Joseph Napoleon	(35:47)	(27:30)	(37:56)	1:40:13
5) Norm Dum mire*	(35:58)	(28:28)	(41:30)	1:45:56

Results, Relay Teams:

SWIMMER, 1 MILE	PADDLER, 2 MILES	KAYAKER, 4 MILES	OVERALL
1) Dave Clarke (19:44)	Jimmy Dean (23:30)	Bob Rocheleau (33:31)	1:16:45
2) George Kane (21:53)	Thurston Hillen (24:49)	Dean Hayward (35:07)	1:21:49
3) Bob Atkinson (22:47)	Ryan Fernandez (26:01)	George Kissner (33:04)	1:21:52
4) Steve Bobko* (24:57)	Brian Toguchi (24:27)	Tom Conner* (32:48)	1:22:12
5) Chris Duplanty* (23:50)	Marshall Rosa* (23:41)	Bill Mowat* (35:01)	1:22:32
6) Terri Riggs (24:04)	Pat Caldwell* (24:10)	John Hammond (34:53)	1:23:07
7) Leslie Crow* (25:56)	Darin Napoleon (22:28)	Bill Bright* (35:05)	1:23:29
8) Keone Kino (26:24)	Aaron Napoleon (20:28)	"Nappy" Napoleon (37:16)	1:24:08
9) Joan Ceccarelli (25:47)	Karl Heyer* (24:40)	Gib Bintliff* (34:27)	1:24:54
10) Aaron Pollard (24:12)	Cliff Pollard (23:48)	Darryl Hara (36:58)	1:24:58
11) Mark Cunningham (22:57)	Clay Berk (33:25)	Alan Dowsett* (36:14)	1:32:36
12) Chad Harrison (24:06)	Mark Eramian (31:14)	Wayne Fujihara (38:02)	1:33:22
13) Bill McCarthy (23:23)	Rocky Higgins (32:12)	Kimo Doyle (38:20)	1:33:5
14) Peter Morton (25:07)	Ed Frank (33:30)	Gary Weible (35:21)	1:33:58
15) Dan Pollard (22:36)	Alan Emberson (35:32)	John Mailolo (36:17)	1:34:25
16) Mike Miller (23:51)	Art Miller (40:50)	Kamoa Kalama (33:32)	1:38:13
17) Mary Franco* (28:37)	Tracy Phillips* (30:36)	Lesline Connor* (41:38)	1:40:51
18) Richard Sylva* (24:33)	Jim Anderson* (29:38)	Bucky Logan (46:48)	1:40:59
19) John Clark (24:13)	Kenny Rust (30:23)	Craig Matthew (44:05)	1:42:13

Executive Producer: Ian Emberson
 Race Director: Terri Frank
 Beach Commissioners: Alan Hong
 Cline Mann
 Course Marshall: John Clark

Timers: Diane Stowell
 Clay Harrison
 Nancy Ceccarelli
 Carol Bodie
 Chad Harrison

*OCC member