

4th Annual Ocean Triathlon

By Pam Zak

The morning was cool and windy, but the day progressed to one of sunshine and fun.

The Ocean Triathlon, on March 21, consisted of an ironman event, a triathlon relay, a two-mile swim and a five-mile kayak race. This was the first year that the two-mile swim and five-mile kayak race have been held in addition to the other events.

The turnout was small this year, but a grand time was had by all those who participated. Don't let this event slip by you next year.

We had 23 swimmers in this year's event. George Kane was the first male finisher with a :47:36 and Cay Andres was the first woman finisher in :49:50.

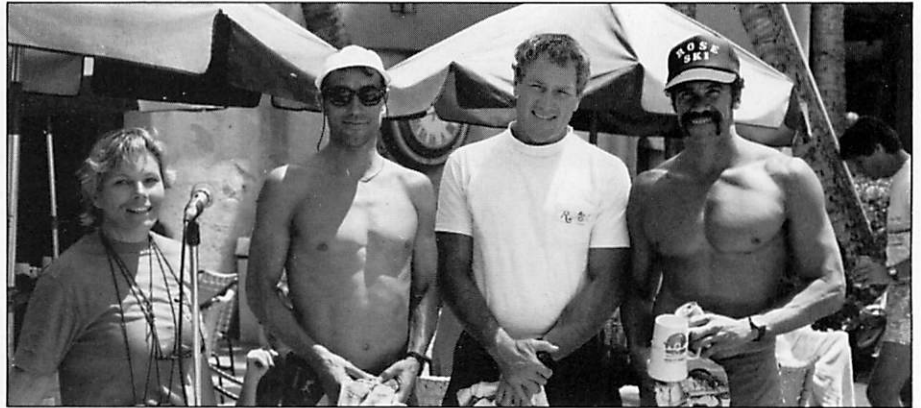
Six ironmen competed with Chris Moore winning the event in 1:28:07. Outrigger's Ian Emberson finished second in 1:31:37. Tim Guard won the masters division in 1:34:55 and Grant Senner won the junior division in 2:25:11.

Kuumomi Ho was the first woman finisher in 1:53:46. Courtney Seto was the only five-mile kayak participant. Where were all you kayakers? Courtney's time was :47:26.

In the relay competition, there were 10 teams. The first and second place teams really battled it out. Ruben

Chappins, George Kissner and Marshall Rosa pulled it out with a time of 1:21:52. Chris Moore, Aaron Napoleon and Tom Conner were a close second in 1:22:34.

We ended at the Outrigger for sandwiches, beer and awards. Thanks to all those who participated. 🍹



First place finishers in the relay division are presented their awards by Pam Zak — Ruben Chappins, George Kissner and Marshall Rosa.



Placing first in the masters division relay were Bill Mowat, Cliff Pollard and Roger Cundall.



Ian Emberson is ready for the final leg of the ironman — the four-mile kayak race.

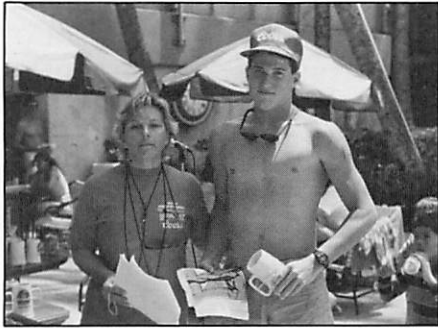


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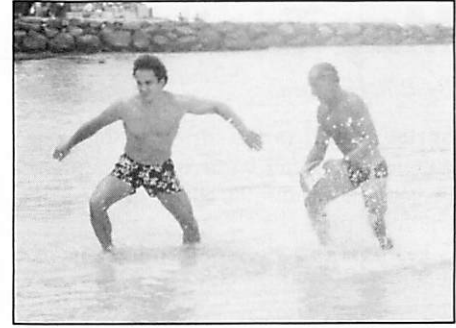
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Grant Senner set a new record in winning the Boy's 18 and under ironman division.



Mike Town accepts prizes for his relay team which included Danford and Dubiel.



Bill Danford, right, tags Flash Dubiel in the relay division. Bill swam the first leg and Flash did the two-mile paddleboard race.

4th Annual Ocean Triathlon Championships Results

Ironman

(1-Mile Swim, 2-Mile Paddleboard, 4-Mile Kayak)

Overall	Name	Swim	Paddle	Kayak	Total	Division / Place
1.	Chris Moore	:20:18	:24:23	:43:36	1:28:17	1st, 39 & Under
2.	Ian Emberson*	:23:30	:26:13	:41:54	1:31:37	2nd, 39 & Under
3.	Tim Guard*	:29:10	:26:53	:38:55	1:34:58	1st, 40+
4.	Kuumomi Ho	:35:31	:31:48	:46:17	1:53:46	1st, Women
5.	Cheryl Bing	:34:25	:37:04	:57:24	2:08:53	2nd, Women
6.	Grant Senner*	:34:42	:42:36	1:07:53	2:25:11	1st, Juniors

Relay

(1-Mile Swim, 2-Mile Paddleboard, 4-Mile Kayak)

Overall	Team	Time	Division / Place
1.	Ruben Chappins-Marshall Rosa*George Kissner	1:21:52	1st 39 & Under
2.	Chris Moore-Aaron Napeoleon-Tom Conner*	1:22:34	2nd 39 & Under
3.	Roger Cundall*Cliff Pollard-Bill Mowat*	1:29:50	1st 40+
4.	Alfredo Calpito-Bill Ward-Pat Ching	1:34:49	3rd 39 & Under
5.	Vernon Knight-Fred Fong-Tim Guard*	1:36:54	2nd 40+
6.	Bill Danford*Flash Dubiel*Mike Town*	1:41:45	3rd 40+
7.	Ned Ontai-Allan Ikehara-Andrea Ikehara	1:43:07	4th 39 & Under
8.	Deborah Wilson-Kehau McGuire-Denise Darval	1:43:41	1st Women
9.	Sue Erickson-Kelly Fey-Lesline Conner*	1:46:06	2nd Women
10.	George Kane-Dana Rupey*Alfred Horner	1:49:42	5th 39 & Under

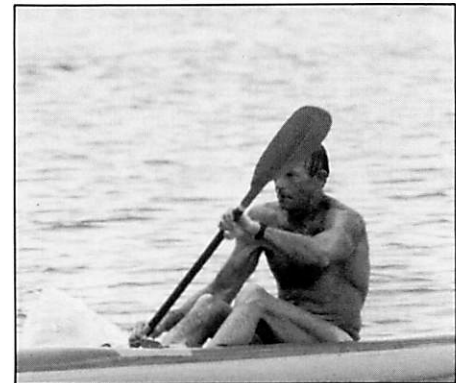
5-Mile Kayak Race

Overall	Name	Time
1.	Courtney Seto	:47:26

2-Mile Swim

Overall	Name	Time	Division / Place
1.	George Kane	:47:36	1st Men 39 & Under
2.	Alfred Calpito	:49:00	2nd Men 39 & Under
3.	Cay Andres	:49:50	1st Women 39 & Under
4.	Mark Kalaugher	:50:02	3rd Men 39 & Under
5.	Ham Homan	:50:12	4th Men 39 & Under
6.	Alex Ryan	:50:13	5th Men 39 & Under
7.	Roger Cundall*	:50:21	1st Men 40+
8.	Alton Motobu	:53:12	6th Men 39 & Under
9.	Jeff Chang	:53:18	7th Men 39 & Under
10.	Pam Zak*	:57:39	1st Women 40+
11.	Gay Munds	:57:48	2nd Women 39 & Under
12.	Eric Johnson	1:01:46	8th Men 39 & Under
13.	Pete Cabanilla Jr.	1:03:57	9th Men 39 & Under
14.	Cindy Baldwin	1:06:44	3rd Women 39 & Under
15.	Peter Schlegel	1:07:14	2nd men 40+
16.	Vernon Knight	1:10:35	3rd Men 40+
17.	Patrick Smith	1:13:05	10th Men 39 & Under
18.	Eddie Stankiewicz	1:16:32	11th Men 39 & Under
19.	Donna Giarraputo	1:24:14	4th Women 39 & Under
20.	Maggie Hirakawa	1:28:43	5th Women 39 & Under
21.	Amy Smith	1:45:00	6th Women 39 & Under

*OCC members



Tim Guard won the masters division for the fourth straight year.



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